



September 2018

Soroptimist International of San Diego

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President's Message

"When you first assemble a group, it's not a team right off the bat. It's only a collection of individuals." Although many of us have worked together for years, with a new board and

new committee chairs, the dynamics of our organization change. As a result, with the beginning of each term, we need to make a conscious effort to come together as a team and work together successfully toward a common goal.

A New York Times article summarized the "collective intelligence factor" for teams which identifies three common characteristics of successful teams:

- All members contribute equally to group discussions, without allowing one or two individuals to dominate.
- Team members can read emotions in the eyes of their teammates.
- The team is composed of more women than men. (Guess we don't need to worry about this one!)

In other words, we're here for each other. It means reading each other's emotions. Extroverts. Introverts. Word people. Numbers people. Visionaries. Detail people. Leaders. Followers. And everyone in between.

Respecting others means allowing members to contribute equally to group discussions. Bring what you've got to the table and recognize the important role you play as part of the team. Resist the urge to assign more value to one personality type over another. We've all seen teams get distracted when one person hogs the spotlight. In contrast, we've seen the beauty of a team that works well together,

while at the same time serving one another with respect and humility.

In a culture that encourages us to think about "me first," it's important to remember the old African proverb, "If you want to go fast, go alone. If you want to go far, go together."

Extracted from We're All in This Together: Teamwork and Unity (Blog / Produced by The High Calling)

President Joy

September Birthdays

| | |
|------------------|----------------------|
| 5 th | Margaret Green |
| 24 th | Aine Kmen |
| 26 th | Elisabeth Mack |
| 27 th | Marcia Vanlandingham |
| 30 th | Helen Sparks |

September Club Anniversaries

| | |
|------|---------------|
| 2016 | Susan Ritchey |
|------|---------------|

September Meetings

| | |
|----------------------------|-----------------------------|
| September 4 th | Business Meeting |
| September 18 th | Program Meeting |
| | <i>"Community Projects"</i> |

Mark Your Calendar Committee Meetings

Fundraising: September 5th, 5:30 p.m., TLC Board Room

STAT: September 12th, 5:30 p.m., TLC Board Room

Recruitment & Retention: October 9th, 12:00 noon, TLC Board Room

"Soroptimist ... A global women's organization whose members work to improve the lives of women & girls through programs leading to social & economic empowerment."

Save the Date

October 4, 2018: Special Event gathering, Bev Mo on Rosecrans Street, 5:30 p.m.

October 27, 2018: Wine in the Wilderness Fundraising Event Mission Trails Visitor Center.

January 12, 2019: Special Event, Holiday Party. Brittany Tower Community Room

February 23, 2019: Special Event, Wine Tasting & Auction. Judy Lawton's home

March 9, 2019: Live Your Dream Awards Luncheon and Fundraising Event

HAPPY HOUR INVITATION!!

Each Tuesday Evening Meeting!!



Starting between 4:00-4:30 p.m.
Lobby Bar next to Postcards Restaurant

See you on September 4th!!!!

We'll keep a barstool warm for you!

2018-2019 Officers & Board Members

President: Joy Brown
First VP: Monica Logan
Second VP: Terri Welter
Recording Secretary: Cyndi Dillon
Treasurer: Margaret Green
One-Year Director: Barbara Rolando
One-Year Director: Marcia Vanlandingham
Two-Year Director: Susan Ritchey
Two-Year Director: Paula Day
One Year Delegate: Beverly Parsons
One Year Alternate Delegate:
Two Year Delegate: Helen Baker
Two Year Alternate Delegate: Tango Tangorra
Parliamentarian: Jennifer Keller



The Committee, chaired by Maggie Pound, has had two meetings in August. Our meeting at Helen's home was so productive and the wonderful salad so yummy. We are working through minutes of the past two years and the seven-module curriculum prescribed by SIA. Not exactly easy, but we are off to a good start to finding a way forward. We are seeking individuals that would be open to present one module (90 minutes max) at a school or a community group at a library, or maybe the Y. Besides our committee members we hope to have some SISD members step up to the plate before starting to look outside our Club for presenters. More details later.



Important!!! Wine in the Wilderness Fundraiser

The 2018-2019 Fundraising Committee is in full swing and has begun planning for our two major fundraisers:

This is a time of excitement and opportunity for members as we plan one of our major fundraising events of the year. Our 9th annual Wine in the Wilderness Fundraiser is on Saturday, October 27, 6:30 pm, at Mission Trails Regional Park Visitor Center. Here are some important updates:

Ticket Sales and Invites:

See the Wine in the Wilderness flyer in this newsletter. We will have invite cards available at our September meetings. Tickets are available at www.SISanDiego.org or contact Paula Day at phday@cox.net or 619-475-5020.

Website:

Our SISD website is updated providing the latest info on the event, ticket sales, and opportunities for donations and sponsorships. Please check out the link and forward to your friends and business associates. Note that there are three categories for donations and sponsorships, and an opportunity for complimentary tickets for donations above \$250. <http://www.sisandiego.org/wine-in-the-wilderness.html>

Themed Opportunity Baskets:

We would greatly appreciate help with club members putting together and donating themed baskets. Several members have already volunteered but we need more. Suggested themes for baskets not already spoken for:

"Baking for a Sweet Tooth"; "Chocolate Celebration"; "Fun in the Sun"; "Grill Master"; "Tea Time"; "Home & Garden", or your own idea. Baskets should be worth a minimum of \$100.

Judi Dunnigan Cole is happy to purchase gift cards and items for baskets if anyone would like to donate money. Thank you to those of you who have already provided donations.

For any questions related to baskets/donations, please call Judi at 619-987-1512.

Cruise Tickets:

We are raffling a Holland America Cruise! Paula has emailed tickets to all members, tickets & a cruise flyer are included in/with this newsletter, and they are also available at meetings! Please sell! Winner need not be present to win and we will be drawing the winner's name at the event.

Day of Event Volunteers Needed:

Jennifer Keller is maintaining our list of volunteers for the day of the event. Please contact her if you haven't been to a meeting to sign up for your favorite task.

Truffle Training:

In previous years, Barbara Rolando has prepared over 800 truffles for the event. This year Barbara is offering Truffle Training to teams of two who would commit to making a batch of truffles and bring them to the event for plating. This is a tremendous opportunity to learn a great skill before the holidays and helps the club (and Barbara) at the same time. The training will take place at Mary Jo Asbury's home the weekend of September 8 and 9. Stand by for more information coming from Barbara.

Next Fundraising Meeting:

Wednesday, September 5, 5:30 pm at the Lawton Group offices, 4747 Viewridge Ave, San Diego, CA 92123

Jennifer Keller and Patty Jacobson, Fundraising Co-Chairs

International Projects

Friendship Link: Tijuana Centro



The evening at Romescos to meet with our Soroptimist friendship link members from

Tijuana was quite a surprise for a first-time attendee. The

restaurant for those that have never been is a surprise & such a "gem", it's in Bonita. The restaurant is owned by the son of one of the Tijuana Soroptimist members. I am quite familiar with Bonita having ridden horses there with my best friend growing up but was not aware of this "newer" restaurant. Not only was the restaurant fantastic with its Mediterranean-Mexican dishes that were over the top, the company in which we enjoyed the meal was even better. As most of you know, our friends from south of the border are classy and could not be friendlier! There was some exchange of English as well as Spanish, giving us all that exchange of language and culture that make Soroptimist the international group in which we take pride. The evening could not have been better; I drove home feeling energized & happy to be a Soroptimist and confident all whom attended the evening felt the same.

Friendship Link: North Shore Auckland, New Zealand

SI San Diego and SI North Shore Auckland have been working on joint project for the past several years. SI San Diego provided some of the funding for the project. SI North Shore also provided funding as well as conducting all the logistics that went into making the project successfully. As the project is coming to an end, North Shore has provided the following letter of thanks and a project report. SI San Diego looks forward to many more years of extending the hand of friendship to North Shore, congratulates North Shore on their hard work and working together again soon.

a global voice
for women

Soroptimist



International

9th August 2018

To: The President and Members of SI San Diego Federation of the Americas

From: The President and members of SI North Shore Auckland

Joint Project of Knickers for the Needy

We are delighted to provide a further update report on this joint project which will come to an end in December 2018.

After our last distribution of knickers to both the Women's Centre of the North Shore and Hestia Women's Refuge we are about to make another distribution in the next month or two.

We will again spend \$300NZ at the local store of 'The Warehouse' and should again get packs of a variety of colours and sizes at a discounted price. This will enable us to purchase around 300 individual pairs of knickers.

This will allow us to make a further disbursement at Christmas of the same amount/numbers and which will bring to an end to this project fund.

We have been delighted at the way SI San Diego have supported us in this project and would not have been as successful without this help. We have much appreciated this support and so have the women who have been the recipients. The staff to whom we have presented these gifts have been deeply affected to know that the women in far off San Diego have given this support.

Many, many thanks again.

Kindest Regards,

Johanna Cogle

Community Projects Committee



On Sunday, August 12th, five of us attended the **Girls Rising Back-to-School Picnic** in Balboa Park. We donated 45 backpacks complete with supplies, lunch from Panera and sponsored the painting party provided by Art Beat. This is such a worthwhile cause and they were all were so grateful for what SISD does to help them start the new school year.

Working hand-in-hand with the **Live Your Dream**, our committee donated 80 - \$50 Wal-Mart gift cards, 13 backpacks and 20 goodie bags for the **CARE Project's Annual Back-to-School BBQ** event that was held on Friday, August 17th.

Get connected with SI San Diego!

We're on LinkedIn! Join our new group!

<https://www.linkedin.com/grp/home?gid=6986070>

And we're on Twitter! Follow us... 

https://twitter.com/Soroptimists_SD

Like us on Facebook 

"Soroptimist ... A global women's organization whose members work to improve the lives of women & girls through programs leading to social & economic empowerment."

October Program Meeting Guest Speaker Duane Trombly



The Public Affairs Committee is proud to present our first speaker of the year, Mr. Duane Trombly. He'll be speaking at our Program Meeting on Tuesday, October 16, 2018.

Duane will be speaking to us about The Opioid Crisis in this country and how it impacts women and their families. A not to miss program! Bring your guests and prospective new members!

Duane Trombly is COO and co-founder of Confidential Recovery, an intensive outpatient treatment program for individuals challenged by addiction. Duane will present the current state of opioid use in the nation and San Diego. He'll present ways that we can make an impact in reducing opioid use and save lives.

Duane has a Master's Degree in Clinical Psychology and was a catalyst in starting one of the first substance abuse programs in Western Michigan. He has an extensive background in business and non-profits.

Community Bulletin Board

Soroptimist International of Vista has asked us to **SAVE THE DATE** for their Gala Fundraiser & Casino Night **A Night at the Museum** on September 15 from 6 p.m. to 10 p.m. at the Vista Historical Museum, 2317 Foothill Drive, Vista. More details are on their website SoroptimistVista.org.

Soroptimist International of Alpine has asked us to **SAVE THE DATE** for their Fundraiser **Halloween Bunco LYD** being held on Friday October 26 at the Alpine Women's Club. The evening begins with dinner at 6:00 p.m. and bunco play time begins at 7:00 p.m. Donation is \$20 per person; raffle tickets are 25 for \$20. For reservations email sialpine@soroptimist.net or via Facebook at Soroptimist International of Alpine.

A New Path has invited us to their **14th Annual Strut for Sobriety** being held on Saturday, September 22nd at the Hyatt Regency La Jolla at Aventine. The Boutique & Silent Action open at 10:00 a.m. followed by Luncheon at noon and a Fashion Show and Entertainment at 1:15 p.m. Tickets are \$90/each. RSVP by September 20, 2018. For more information contact april@anewpath.org.



The Communications Committee asks...

Have you checked out the NEW Soroptimist International of the Americas (SIA) Website?

P.S. Have trouble viewing the new site? Try updating your browser or clearing your cache. You can check your browsers' settings for how to do that! Also, please be aware that some links are not working correctly, which is typical for a project of this size. We are working to fix them.

From SIA: At long last, our new SIA website is live! We have completely redesigned it to more accurately portray our vital brand, and to support a superior member experience.

Please note that the members area is now called "for clubs and members," located from [this link](#) on the homepage. For our non-English speaking members, there is a Google translate link on the [home page](#). In the for clubs and members area, we have links to our translated documents on every main page (Federation Info, Program Resources, For Clubs, For Members, What's New, Donate/Fundraise, and Shop).

As you will see, the members area is much better organized. In addition, you will be able to find resources multiple ways. We know some of our members and leaders have their favorite pages bookmarked. You will want to find those pages and create new links.

For your convenience, here is a list of links that may be of interest:

- o [Strategic Plan](#)
- o [Key Messaging](#)
- o [Club Roadmap](#)
- o [Annual Report](#)
- o [What's New](#)
- o [Access Directories](#)
- o ["For Clubs and Members" Cheat Sheet](#) – (PDF included with this newsletter)

Please spend some time exploring. To help you navigate the new site, here is a [short video tour](#).

Websites are dynamic, and we will be continually working to review and improve the site, as well as optimizing it for maximum marketing potential. We welcome your input and look forward to hearing from you!

In the meantime, if you have any questions or concerns, please contact siahq@soroptimist.org. Someone from staff will be happy to help you.

Sincerely,
The Headquarters Web Team

Soroptimist.org/For-Clubs-and-Members/index.html

A cheat sheet to help you find the resources and information you need for a successful club and member experience!

| FEDERATION INFO | PROGRAM RESOURCES | FOR CLUBS | FOR MEMBERS | WHAT'S NEW | DONATE/FUNDRASE |
|--|---|---|---|--|--|
| Recognition & Branding Tools <ul style="list-style-type: none"> • Spikes and Branding Guide • SIA Logos • Mugs, Stationery and Web Templates Key Messaging <ul style="list-style-type: none"> • FY2020-2021 Key Messages Nominations & Elections <ul style="list-style-type: none"> • Ballot Information, nomination, election results For Region Leaders <ul style="list-style-type: none"> • Region governing and chair position descriptions and job criteria Additional Information <ul style="list-style-type: none"> • General Member Registration Page, Member Maintenance (e.g. Name, Government ID/Pass, SIA Records, etc.), Ballot Reviewing, Licensing Documents (SIA Policy for Registration, Mugs, Licensing Page, Application and Fee Form) Soroptimist International <ul style="list-style-type: none"> • SIF President's Agenda, Friendship Link Resources Access Club/Member/Leadership Directories <ul style="list-style-type: none"> • Link to site SIA's Strategic Plan <ul style="list-style-type: none"> • Full and condensed versions in all languages SIA's Big Goal <ul style="list-style-type: none"> • Club Checklist, Results, Update Leadership Development <ul style="list-style-type: none"> • General Leadership Topics, Conflict Resolution, Marketing, Healthy Club Resource | Live Your Dream Awards Club Resources <ul style="list-style-type: none"> • Introduction and Impact Information • Moments and Top for Recognition and Gifts • Tools for Selecting Recipients • Tips for Making Recipients • Materials Provided for Reporting • Being Awardees (subsidy tools etc. info) Dream It, Be It Club Resources <ul style="list-style-type: none"> • Program Curriculum • Planning Tools • Production for Working with You! Soroptimist Club Grants for Women and Girls <ul style="list-style-type: none"> • Application Tips • Impact Reports LiveYourDream.org Member Resources <ul style="list-style-type: none"> • LiveYourDream.org Goals, Member Resource Guide | Recruitment Tools <ul style="list-style-type: none"> • The Diamond Campaign • Recruitment Tips • Recruiting New Members • Other Recruitment Tools Retaining Members <ul style="list-style-type: none"> • Retention Tools • Club Assessment Tools Soroptimists Celebrating Success Awards <ul style="list-style-type: none"> • Entry Form, Recipients Club Administration <ul style="list-style-type: none"> • General Information including: <ul style="list-style-type: none"> • Club's Relationship Club • Club's First Year Information • Insurance Information • Club Member Resources, and more Pay Dues/Manage Club Roster <ul style="list-style-type: none"> • Link to online Forms \$500, \$100, 200, Business Amounts Club Member Forms <ul style="list-style-type: none"> • All forms that you need in this place Welcome New Clubs <ul style="list-style-type: none"> • Chartering New Clubs • New Club Building Resources | Access/Update Your Member Profile <ul style="list-style-type: none"> • Membership Benefits • Renewal, or member benefits Best for Women Newsletter <ul style="list-style-type: none"> • Download current and past issues • Subscribe • Give feedback to the editor | Important <ul style="list-style-type: none"> • 360 View • Reservations • get alerts, news from your federation president and more! | Individual Gifts <ul style="list-style-type: none"> • Unique Society • Meaningful • Empowerment, has to give online, giving levels Club Gifts <ul style="list-style-type: none"> • Club Gifts • Financial Plan for Planned Giving <ul style="list-style-type: none"> • Unique Information and ways to give Other Ways to Give <ul style="list-style-type: none"> • Member and Tributes • Gifts • Employee Member Gifts • Sponsorship • Awards/Grants How Contributions Are Used <ul style="list-style-type: none"> • Access Financial Statements • Form 990 • Our donor information • SIA Annual Report • SIA Tax Status • Donate Thank You • Do or Honor Ball • Lists of Donors |

SHOP the new Soroptimist Store at: Soroptimist.org/for-clubs-and-members/shop/index.html
TRANSLATED RESOURCES are now accessible by language from all main pages in the For Clubs & Members section!

Need help finding something?
We're here if you need us! Call 215.892.9000 or email siahq@soroptimist.org and we'll be happy to help you.

A few more photos from our dinner with our Tijuana Centro friendship link members:



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SOROPTIMIST
International of San Diego
Best for Women®

Wine in the Wilderness 2018
Save the Date
Saturday, October 27, 2018



Purchase Tickets Now

Enjoy an evening of wine, craft beer, cheese, hand-made chocolate, champagne and tasty food at the beautiful Mission Trails Regional Park Visitors Center. We'll also have a live jazz band, fabulous raffle baskets, silent auction & cork Pull. Venue: Tickets: \$55 per person. Event is 21 and over. Doors Open at 6:30 p.m. Shuttle service available. Proceeds from the event will benefit head-of-household women with education grants to improve their employment prospects through the Live Your Dream Award.

Beneficiaries also include projects that empower women and girls including Dream It, Be It Career Support for Girls, Girls Rising Mentor Program and YWCA Becky's House 2 Home.

Sponsor Opportunities Available



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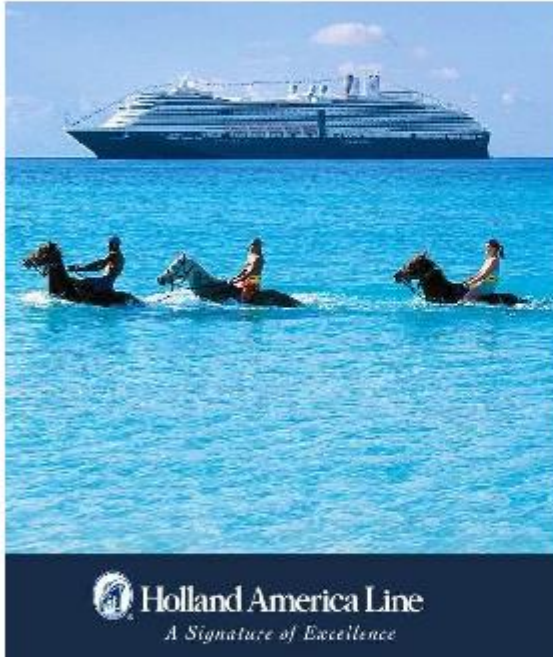
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Special Drawing

BUY A TICKET FOR A CHANCE TO WIN



Holland America Line®
SAVOR THE JOURNEY

7 Day Cruise for 2 on



Valued at
\$2,200 - \$4,400

Suggested Donation:
\$20 per ticket
3 tickets for \$50
or 8 tickets for \$100

* Prize certificate is good for cruise aboard one of the five-star ships of Holland America Line for 2 people (same stateroom) up to 7 days to Alaska, the Caribbean, Mexico or Canada/New England. Subject to availability. The certificate may be applied to other cabin categories or cruise trades at an additional cost. Call World Cruise Reservations for details. Certificates do not expire. See certificate for more details. Generously donated by Holland America Line!

Winning ticket will be drawn at Wine in the Wilderness on October 27, 2018.
Ticket sales will end at 8:00 pm on 10/27/18. Winner need not be present to win.
To purchase tickets or for more information, email sisandiego@yahoo.com



Proceeds will benefit Soroptimist Dream programs and projects empowering women and girls.

